

RACE TIMETABLE

Saturday 5th Sept 2026

9.30am to 11am	Race Registration – Glin Pier
9.30am	Transition area opens
11.15am	Transition area/bag drop closes
11.30am	Race Briefing
11.30am	Marshals in place
12pm	Triathlon & Try A Tri Start
1.15pm	Transition area reopens
2.30pm	Event Finish
3pm	Prize giving at Geoghegan's Magpie Bar